

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lauren Frost**

Has successfully participated & completed the  
**13km Modderfontein Reserve Christmas Run/Walk**  
held at Modderfontein Reserve.

**TIME 01:27:43**

**PACE 06:43/km**  
**OVERALL 32 of 72**

**GENDER 8 of 34**  
**40 - 49 4 of 9**

16 December 2018, Sun

Date



*BoutTime*

Signature

